

MEDFORD PUBLIC SCHOOLS
CONCUSSION POLICY AND PROTOCOLS
GRADES 6 - 12

Dear Parent/Guardian,

MA regulation 105 CMR 201.000 requires that all parents/guardians of any student who plans on participating in extracurricular athletic activities complete a yearly course on concussion. No student is allowed to practice or compete until the parent/guardian has completed the concussion training. This can be accomplished by:

- Completing an online course on concussion, print the completed certificate and provide a copy of the certificate to the Athletic Director;
<http://www.cdc.gov/concussion/HeadsUp/online> training.html
or
- Reading the concussion written materials and signing this form that you have read and understand the printed educational materials.

Concussion materials are included with this packet and may also be found at:

<http://www.cdc.gov/concussion/pdf/Parents> Fact Sheet

Please attach your completed certificate to this form, or sign below that you have read and understand the concussion educational materials.

Please remember that no student will be allowed to practice or compete until the following items have been completed:

- Sports Candidate Medical Questionnaire (reverse side of this letter);
- Annual physical exam, (within 1 year of extracurricular athletic activity);
- Completion of a concussion educational program (online or read and understand educational materials);

I hereby state that I have read and understand the concussion materials provided.

Parent/Guardian Signature _____

Date _____