

Phase III - Future Steps- 3 -4 yrs	Phase IV - Future Steps - 5 yrs
All MPS students receive a minimum of one nutrition unit each year. K-12 Health teachers will increase use of technology to promote health education. Health and P.E. curricula continue to be integrated.	Health Education will increase available resources for all teachers. Health teachers will increase use of technology for instruction. Health education will be supplemented with initiatives across the curriculum.
Medford Public School will support community efforts to develop a Walk to School Program. PE and Health Curriculum continue to be integrated. Explore coordination with community based athletic programs.	Medford Public School will continue to provide resources for physical activity. MPS will provide opportunities for increased physical activity through parent education and community involvement. Physical Ed will be supplemented with initiatives across the curriculum.
Have snacks and beverages comply with the Act To Promote Proper School Nutrition (see attached document). Continue to educate staff with workshops and by creating official Standard Operating Procedures supporting portion sizes and food quality. Continue to gather and input nutritional information to have available for parents / public on request. Support approved fundraising activities with requested and approved items.	Have all nutritional information available on our website and in a binder at each school. Have a monthly menu analysis available for parents to make informed choices on our daily lunch offerings. Acquire nutritional analysis on non-vendor items.
Use of computerized health software (SNAP) is increased by 50%. Provide alternative schools with .40 FTE services. Nurses will assist students meet their dietary needs at school.	Health software is 100% utilized in all buildings. Policies reviewed every other year. Continue existing grants and explore other available resources to support health services.
Identify and engage other community groups/agencies (such as Department of Mental Health, Department of Mental Retardation, MA Rehab) regarding barriers to learning. Continue family programming for SEL. Continue outreach to parents to support families with health issues.	School faculty professional development for SEL curriculum continues. Prof. Development for school staff regarding barriers to learning. Identify funding sources. Increase dedicated personnel for SEL. Develop a community culture around SEL. Access to individual and group mental health resources for students K-5. Continue to increase and improve community collaboration among community stakeholders.
Schools refine emergency preparedness protocols and conduct regular drills. MPS continue work with local Board of Health to develop/share information re: potential of epidemics/mass inoculation implications. "New" school maintenance continues. Medford High School improvements continue.	MPS continues to research possible grants and outside collaborations to support a healthy/safe school environment. MPS continues to work with local and state organizations to prepare for emergency situations.
On going professional development involving family and relationship violence, bullying, 51A mandated reporting, Second Step training, dealing with physical and emotional stress, media, violence, gang violence and youth	Formulate needs assessment committee to ensure professional development is meeting the health needs of staff. Ongoing review of professional development program.
MPS strives to assess and increase its ability to effectively reach all parents/guardians and community members re: student and family wellness.	MPS supports and continuously refines an integrated school, parent and community program for maintaining and promoting the health and well-being of students and families under the guidance of the School Health Advisory Council.