

# GUIDANCE CURRICULUM



The McGlynn Middle School Guidance Curriculum identifies a set of skills that early adolescents need to promote their positive mental health and to assist them in acquiring and using life skills.

*Through our curriculum, we address social issues and situations the students may encounter, such as bullying and peer-pressure. We help them discover their own problem-solving skills and the power of their choices. We also cover such issues as anger-management and how to be a good friend. The importance of education is emphasized as well as the value of hard work, responsibility and dedication.*

## DEVELOPMENTAL CLASS TOPICS

### GRADE 6

*Transitioning to Middle School    Bullying Prevention    Goal Setting    Responsibility*  
*Diversity    Communication    Social Skills    Friendship    Name-calling*  
*Power of Gossip    Signs of Respect    Peer Relationships    Problem-solving*

### GRADE 7

*Bullying Prevention    Assertiveness    Tolerance    Conflict Resolution*  
*Peer Pressure    Building Positive Relationships    Your Right to Refuse*  
*Anger Management    Reducing Stress    Decision-making    How to be a Good Friend*

### GRADE 8

*High School Transition    Career Exploration    Bullying Prevention    Harassment*  
*Leadership Skills    Diversity    Positive Attitude and Work Relationships*  
*The Consequences of Stress    Active Listening    Learning Styles*

