

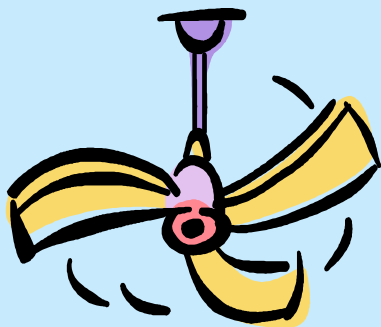
# June 2010



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## Did you Know?

- According to the "National Assessment of Climate Change" report conducted by the US Global Change Research Program, temperatures are "projected to rise more rapidly in the next 100 years than in the last 10,000 years."
- Air conditioning can affect your energy bills as much as heating. US EPA recommends a minimum setting of 78°F. A room cooled to 75° costs 18% more than a room cooled to 78°.



Have a safe and happy summer!

## This Month's Green Thought:

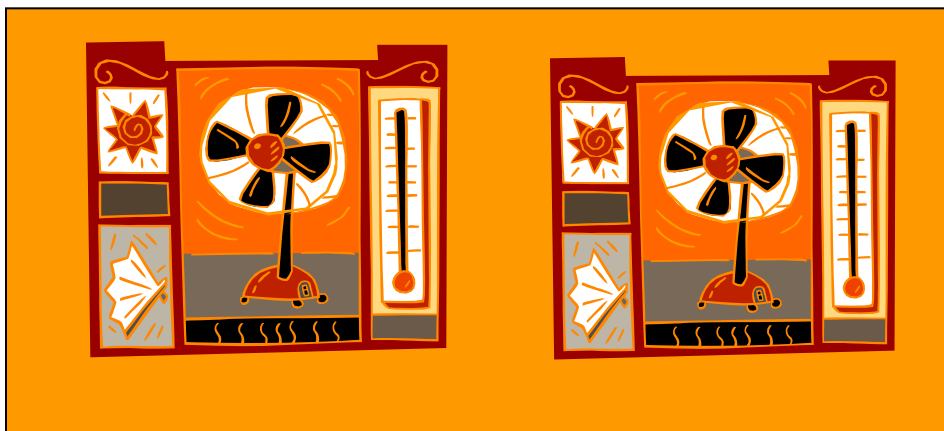
"For the first time in history, my community has had to use air conditioners. Imagine that, air conditioners in the Arctic"

- Inuit leader Sheila Watt-Cloutier

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## Cool Your World This Summer!

Summer in New England is a time for fun, but it's also an important time to be mindful of our energy use. Extreme heat waves mean more air conditioners draining more energy. Luckily, there are many ways to conserve energy and stay cool.

### For your Air Conditioners...

- If you use central air conditioning, set the thermometer as high as it is comfortable. US EPA recommends a minimum cool air setting of 78°F.
- If you use a Room Air Conditioner, ensure it is working as efficiently as possible by having your window units tuned up once per year and changing or washing the filter once a month during the cooling season.
- Install your room air conditioner on a north-facing wall to keep it out of the sun, and remember to fill cracks and gaps around the air conditioner with foam weather stripping to keep the cool air in.

### For your fans...

- Run ceiling fan blades counter-clockwise (downward) to cool more efficiently and remember that fans cool people, not rooms. So, turn off the fan when you leave the room

## Contact Us:

If you have any questions, please contact the Andrews at 781 393-2228. You may also contact the event chair, Timothy Blake, principal @ tblake@medford.k12.ma.us