



Medford Family Network presents...

“In the Middle”

A Program for Parents of Middle School-Aged Youth

Systematic Training for Effective Parenting (STEP)/Tween Workshop

Facilitated by Howard Wolfe, LMFT

7 Wednesdays

**February 29; March 7, 14, 21, 28; April
4, 11**

7:00 pm – 8:30 pm

Parenting middle school-age youth is a challenging task. Join this series of discussions about healthy adolescent development. We will focus on understanding yourself and your tween; communicating respect and encouragement; promoting social and emotional wellbeing; encouraging cooperation; solving problems; using consequences to build responsibility and deciding what to do. Handouts are included!

**MFN Family Center
Medford High School, 489 Winthrop Street
Medford, MA**

**Registration is required! Please call Marie
Cassidy at
(781) 393-2106 to register and for transportation
options.**

**This program is funded by a grant from Medford Health
Matters**