



Medford Family Network Newsletter

of the Medford Public Schools

A Friend to Know...A Place to Grow!

Winter 2016

Parents, Teachers, Caregivers and Providers!
You are invited to a Special Keynote Presentation by...

Jeanine Fitzgerald

Certified Human Behavior Consultant Specialist

“Social and Emotional Health in Young Children”

Emotions Coaching

Monday, March 14

6:30—8:30 pm

Emotions dominate the world of our children. Since emotions’ regulation precedes self-discipline, we will discuss how to nurture this skill in children from infancy through adolescence. The workshop will focus on how to become an Emotions Coach and how to teach the identification, tone, and expression of emotions to our children. This will include the four tools necessary to reach this goal and how to demonstrate emotions in positive ways.

Location: Medford High School
Marsha Caron Theater, 489 Winthrop Street

Registration is required for both the workshop and limited child care. Call (781) 393-2106.

This workshop is co-sponsored in part by the North Suburban Child Family Resource Network, the Medford Family Network, Everett Family and Community Engagement, and The Malden CFCE

Medford Family Network Family Center

Medford High School
489 Winthrop Street, Medford, MA
Phone: (781) 393-2106
Fax: (781) 393-2123

Email: mcassidy@medford.k12.ma.us
Website: www.medfordfamilynetwork.org
<http://www.medfordfamilies.org>

Find us on Facebook - Medford Family Network

Tweet Us on Twitter—@MFN02155

MFN Calendar—www.calendarwiz.com

Marie Cassidy, Family Support Coordinator
Heather Fuller, Program Aide

Office Hours:

9:00 am—5:00 pm (Monday—Friday)

Caso necessite de um Interpretre para traduzir esta informacao e favor contatar o escritorio de ELL no seguinte numero
781-393-2348

* Si un Interpretre es necesitado para tradusir esta infomacion, por favor contacta la oficina de ELL en numero
781-393-2348

* Si w bezwen yo Entepret pou tradui enfomasyon sa a pou wou, souple rele biwo ELL nan nimewo sa a 781-393-2348

HAPPY NEW YEAR

Make this the year you and your family engage in more programs, opportunities and **Parent Leadership!**

Our upcoming year is looking bright, thanks to our families, Friends, and a Night of 10,000 Lights! The partnerships we share with so many caring individuals, community organizations and supportive businesses have resulted in a strengthened and renewed MFN!

Being a **Parent Leader** is terrific!

- ◆ Meet new friends
- ◆ Gain new skills
- ◆ Make a difference in Medford
- ◆ Optimize your children’s growth and development

*Friends of the Medford Family Network
is happy to support the...*

Valentine’s Day Ice Cream Social

Saturday, February 13, 2016

1:00—3:00 pm

McGlynn School Cafeteria

3002 Mystic Valley Parkway, Medford

*Valentine Making! *Face Painting!

*A Visit from the Queen of Hearts!

**Suggested Donation \$5.00/per person
(Maximum \$15 per family)**

Tickets are available at the MFN Family Center
All proceeds support the programs of the MFN.

TABLE OF CONTENTS:

Page 2	Parent Today—Support Programs and Workshops
Page 3	Winter 2016 Play & Learn Group Information
Page 4	Special MFN Programming
Page 5	Drop-in Playtime at the MFN Family Center
Page 6	Our Local Community...Opportunities & Resources
Page 7	Parent Leadership Opportunities
Page 8	What is the MFN?



Parenting Today—Support Programs & Workshops

Call the Medford Family Network at (781) 393-2106

* Child Care registration is required where applicable. Please call for transportation options.



Single Parent Group Kickoff Event

Facilitated by Jen Valentyn, MFN Parent Leader

Monday, January 11

6:30—8:00 pm

Registration Required

Location: MFN Family Center

No matter how you became a single parent—through death, divorce, separation, never married or other reasons—our single parent group can help you develop positive parenting solutions and supportive relationships. Join us in this kickoff event as we start off the new year with a new program to assist you with your special set of challenges and joys.

New Parent's Group

Facilitated by Aine O'Malley, JF&CS Parent Leader

Every Tuesday

12:30—2:00 pm

Drop-in Format

Location: MFN Family Center

Are you a new parent? Welcome to a great supportive network and a wonderful opportunity to meet new friends for yourself and new playmates for your child! For families of children birth to 12 months.

Grandparents Group

Facilitated by Peg Murphy, PhD

Every Thursday beginning February 25

10:00—11:30 am

Drop-in Format

Location: MFN Family Center

The group is a support network that provides an avenue for grandparents to meet others who are caring for their grandchild(ren) either on a full or part-time basis and to offer ideas and resources.

English for Speakers of Other Languages (ESOL)

Facilitated by Becky Sarah (Intermediate); Deb Trachtenberg (Advanced Intermediate Class)

Tuesdays & Thursdays; January 5—June 9, 2016

3:30—5:30 pm

Registration Required

Location: MFN Family Center

These FREE classes include a focus on conversation, grammar and articulation as well as Parenting Today discussions, guest speakers, celebration events, daily living and special interest themes.

How to Talk So Kids will Listen...Listen So Kids Will Talk

Facilitated by Valerie DeGeorge, MFN Parent Educator

6 Tuesdays; January 19, 26; February 2, 9, 23; March 1

7:00—8:30 pm

Registration Required

Location: MFN Family Center

This workshop is based on the book of the same name by Faber and Mazlish. Topics include coping with your child's feelings: frustration, disappointment and anger. Focus: positive communication and engaging your child's cooperation. Alternatives to timeout and ways to make the parent/child relationship less stressful will also be discussed.

Mindfulness for Resilient Parenting

Facilitated by Judy Scribner-Moore, MFN Parent Educator

7 Mondays; February 22, 29; March 7, 14, 21; April 4, 11

9:30—11:00 am

Registration Required

Location: MFN Family Center

Join this parenting class that focuses on stress reduction, nourishing the body and mind with tools such as yoga postures and relaxation. We will share parenting experiences, ideas and strategies. Reading and discussion materials excerpted from the following books "Systematic Training for Effective Parenting" and "Everyday Blessings, the Inner Work of Mindful Parenting". Wear comfortable clothing to practice yoga-type exercises.

Financial Literacy—Be "FinLit" Fit and Invest in Your Own Learning!

Facilitated by Ali Mahood, MFN Parent Leader, FMFN Treasurer

Wednesday, February 24

6:00—7:30 pm

Registration Required

Location: MFN Family Center

Monday, March 28

6:00—7:30 pm

Location: MFN Family Center

Monday, April 25

9:30—11:00 am

Location: MFN Family Center

Teaching your children proper money management is one of the most important lessons to prepare them for the future. Children begin learning at a very early age through TV, friends, social media and advertising. These workshops will provide you with age-appropriate tools and language to engage in conversation with your children.

Understanding Your Personality Type in Parenting

Facilitated by Debbie Weinstock-Savoy, MFN Parent Educator

4 Wednesdays; March 9, 16, 23, 30

7:00—8:30 pm

Registration Required

Location: MFN Family Center

We use the Myers Briggs Personality Inventory to study different qualities that make up an individual's type and temperament, affording us a window into the triggers and motivators that make each of us "tick." Come learn about ways we can better understand and enhance our relationships with children, friends and family.



Winter 2016 Play and Learn Groups!

REGISTRATION AND INFORMATION



What are Play and Learn Groups?

Play and Learn Groups are FREE, interactive programs for families who live or work in Medford. Play and Learn Group leaders offer children a safe environment where they can explore their world and develop new friendships. They are designed to offer parents/caregivers social connections; help families connect with and be resources for each other; provide information to help parents access needed services and resources; and model positive strategies to support parent/child interactions. Play and Learn groups are aligned with age-specific Early Education and Care (EEC) guidelines (www.mass.gov/eec) and utilize the Strengthening Families approach (www.cssp.org/reform/strengtheningfamilies). These groups include Brain Building in Progress and S.T.E.A.M. (Science, Technology, Engineering, Art and Math) activities. Handouts will be distributed at each session that give ideas to try at home.

Sing! Play! Move! Laugh! Explore!
Listen to/tell Stories!

Play & Learn Groups Registration Information

Registration will be held on:

Monday, January 4; 9:00 am—5:00 pm
Tuesday, January 5; 9:00 am—6:00 pm
Wednesday, January 6; 9:00 am—6:00 pm
Thursday, January 7; 9:00 am—9:00 pm
Friday, January 8; 9:00 am—5:00 pm

Location:

Medford Family Network Family Center
489 Winthrop Street, Medford

First time families have priority.
Parents have the same opportunity for the lottery no matter when they register.

Programs at Medford Public Library

Yahoo Crew (Age 21 - 33 months)

12 Fridays; 9:30—11:00 am
 February 5, 12, 26; March 4, 11, 18;
 April 1, 8, 15, 29; May 6, 13

OR

12 Fridays; 11:30 am—1:00 pm
 February 5, 12, 26; March 4, 11, 18;
 April 1, 8, 15, 29; May 6, 13

Programs at MFN Family Center

Creepin Crawlers (Age 10-14 months)

12 Thursdays, 11:15 am—12:15 pm
 February 4, 11, 25; March 3, 10, 17, 24, 31;
 April 7, 14, 28; May 5
[Babies only—no siblings, please]

Waddlin' & Toddlin' (Age 15-20 months)

12 Tuesdays, 11:15 am—12:15 pm
 February 2, 9, 23; March 1, 8, 15, 22, 29;
 April 5, 12, 26; May 3

Yahoo Crew (Age 21 - 33 months)

12 Tuesdays; 9:00—10:30 am
 February 2, 9, 23; March 1, 8, 15, 22, 29;
 April 5, 12, 26; May 3

OR

12 Wednesdays; 9:00—10:30 am
 February 3, 10, 24; March 2, 9, 16, 23, 30;
 April 6, 13, 27; May 4

OR

12 Thursdays; 9:00—10:30 am
 February 4, 11, 25; March 3, 10, 17, 24, 31;
 April 7, 14, 28; May 5

Kiddie Glee (Age 34 - 47 months)

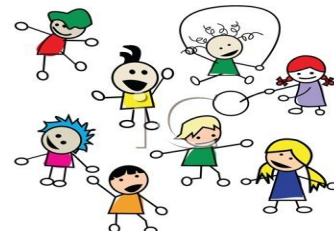
12 Wednesdays; 11:30 am—1:30 pm
 February 3, 10, 24; March 2, 9, 16, 23, 30;
 April 6, 13, 27; May 4

OR

12 Fridays; 9:00—11:00 am
 February 5, 12, 26; March 4, 11, 18;
 April 1, 8, 15, 29; May 6, 13

Fun Galore (Age 42 - 60 months)

12 Fridays; 12:00—2:00 pm
 February 5, 12, 26; March 4, 11, 18;
 April 1, 8, 15, 29; May 6, 13



Special MFN Programming!

Please call (781) 393-2106 to register.



4th Annual Parent Café

Presented by the MFN Advisory Board

Thursday, March 22 (tentative)

6:00—8:30 pm

6:00—7:00 pm (Dinner) and 7:00—8:30 pm (Program)

Location: MFN Family Center, 489 Winthrop Street, Medford

Discussion Topic: Self Regulation Skills for Parents: The Road to Insights and Wisdom

Parent Café provides a unique opportunity for parents to hold conversations about important and meaningful topics that lead to safe, stable, secure and nurturing relationships and environments in which families can thrive. We are seeking 35 parents to attend. Includes dinner and child care.

Registration Required. Call (781) 393-2106



Family Fun with Families and Friends

(For up to age 8)

*Facilitated by Cindy Sabbag and
Bernadette Kennedy*

3 Fridays;

January 22; February 26; March 18

6:00—8:00 pm

Location: Medford High School Gym

Family Fun Activities....

Scooter Boards! Hula Hoops! Parachute Play!
Balance Beam! Music and Movement! Scooper Balls!
Kid-Friendly Up and Down Roller Coaster!
Spinning Bilibos! Soft Sculpture Gym Equipment and
Building Blocks! Vertical Ball Maze!

Registration Required. Call (781) 393-2106

Two Dads Doing the “Depot”

Ages 3—8!

*Facilitated by Steven Labissoniere and
Chris Kelly, MFN Parent Leaders*

Saturday, January 23

1:00—3:00 pm

Location: MFN Family Center
489 Winthrop Street

Calling all Carpenters! FREE Apron!



We are very excited to be expanding the MFN S.T.E.M. (Science, Technology, Engineering, and Math) program to include our very own set of fathers who attend our play and learn group. There will be a selection of wood projects to choose from—bird houses, treasure boxes, frames. Please note that we will be using hammers and nails.

Registration Required. Call (781) 393-2106.



Courtyard Kids Intergenerational Play

*Facilitated by Laura Ingano
MFN Parent Leader*

Wednesday, January 27

3:00—4:00 pm

Location: Courtyard Nursing Care Center,
200 Governors Avenue, Medford

Intergenerational play with residents of the Courtyard Nursing Care Center. Interactive activities include board games, arts and crafts, bingo, and card games.

Registration Required. Call (781) 393-2106

Spanish Play & Learn Group

(For ages 3 to 6)

Facilitated by Vicky de la Garza, MFN Parent Leader

3 Saturdays;

January 16; February 6, 20

9:00—11:00 am

Location: MFN Family Center,
489 Winthrop Street



Get ready to learn Spanish through play, art, music and movement!
Handouts will be provided.

Registration Required. Call (781) 393-2106.

MFN is Calling Out for
Peer Review Team Members!

Parents/Guardians, School and Community Members! Peer Review brings together three Family Centers in a mentoring relationship to share expertise and information. This a comprehensive evaluation that is conducted to ensure the delivery of intentional, high-quality services to local families. MFN's Peers this year are: *Valuing Our Children (VOC) in Athol and Northern Berkshire "Family Net"*



Timeframe:

January 25—May 13, 2016

Activities:

- * Orientation in mid January
- * MFN Self-Assessment in early February
- * Peer review of Self-Assessment in late February
- * Site Visit from Peers in mid March
- * Feedback Summary in April
- * Final Summary in May

Includes stipends for child care and transportation.

Approximately 20 hours time commitment.

Call Marie Cassidy today to learn more!

Swap Day

Hosted by Tamar Siegel, MFN Parent Leader

For Families who live/work in Medford

Sunday, March 13, 2016

3:00 ~ 4:30 pm

Location: Temple Shalom, 475 Winthrop Street
 (next to Medford High School)

Suggested donation of \$1 per family at the door

What can I donate? What can I receive?

- * Clothing for infants, toddlers, kids, tweens and teens;
- * Gently-used & clean toys, baby equipment, books, music & movies;
- * Donations must be small enough to carry
(no stuffed animals, please);
- * Maternity wear *(no other adult clothing, please)!*

Drop off your donations at:

- ◆ The MFN Family Center, 489 Winthrop Street, on Friday, March 11 between 9:00 am and 5:00 pm **OR**
- ◆ The porch of 155 Forest Street anytime between Monday, March 7 and Saturday, March 12.

Contact Tamar Siegel at rtsiegel@comcast.net or the MFN at (781) 393-2106 with questions.

Drop-in Playtime at the MFN Family Center!
Parents, Caregivers, Guardians welcome!

January 2016

Mondays	9:00 am to 5:00 pm	<i>(closed 1/18)</i>
Tuesdays	9:00 am to 12:00 pm	
Wednesdays	9:00 am to 5:00 pm	
Thursdays	9:00 am to 3:00 pm	
Fridays	9:00 am to 5:00 pm	
Saturdays	9:00 am to 12:00 pm	

February 2016 *(except school vacation week)*

Mondays	12:00 pm to 5:00 pm	<i>(closed 2/15)</i>
Tuesdays	No Drop-in	
Wednesdays	2:00 pm to 5:00 pm	
Thursdays	No Drop-in	
Fridays	2:30 pm to 5:00 pm	
Saturdays	9:00 am to 12:00 pm	

February Vacation 2016	
Monday, February 15	Closed
Tuesday, February 16	9:00 am to 1:00 pm
Wednesday, February 17	9:00 am to 1:00 pm
Thursday, February 18	9:00 am to 1:00 pm
Friday, February 19	9:00 am to 1:00 pm
Saturday, February 20	9:00 am to 12:00 pm

March 2016

Mondays	11:30 am to 5:00 pm
Tuesdays	No Drop-in
Wednesdays	2:00 pm to 5:00 pm
Thursdays	No Drop-in
Fridays	2:30 pm to 5:00 pm <i>(closed 3/25)</i>
Saturdays	9:00 am to 12:00 pm <i>(except 3/26)</i>

Sign in all family members when you arrive.

What is Drop-in Playtime?

Drop-in playtime is a wonderful opportunity to play and interact with your child(ren). Enjoy the company of other families with young children while playing in our playroom. Books, puzzles, toys, blocks and more!

Drop-in Playtime Guidelines

- ◆ Park strollers and put jackets, boots, etc. in the cubbies or on the hooks in the foyer area;
- ◆ Sign in and out at the registration desk;
- ◆ Parent/Caregiver must stay with child(ren) at all times, including bathroom visits;
- ◆ Clean up as you go! Clean up activities help children sort, organize and have a sense of responsibility;
- ◆ Keep food and snacks limited to the round "snack table." Snacks must be Peanut and Nut Free;
 - ◆ Cold beverages are allowed, HOT are NOT!;
- ◆ All electronics, i.e., cell phones, iPhones, iPods, iPads, laptops, Kindles, etc., must be turned off and limited to emergencies only.

Our local community.... Opportunities and Resources



Middlesex Fells Self-Guided StoryWalk™

It's Winter by Linda Glaser

Saturday, December 19 – Sunday, January 3, 2015

What a great way to combine literature, exercise, and family fun!

The book combines a cheerfully illustrated song of praise to winter with a pinch of science. The text begins with thoughts and feelings of winter: the joy of catching snowflakes on the tongue, the anticipation of wondering just how much snow will fall, and the warmth generated by making snow angels and building snow people. Dress warm and enjoy. The StoryWalk™ is a collaboration of the Friends of the Middlesex Fells Reservation, MA Department of Conservation and Recreation, Mass in Motion, Medford Family Network and the North Suburban Child and Family Resource Network. The walk will begin at Greenwood Park in Stoneham (across from the Stone Zoo), and will continue along the Crystal Springs Trail in an easy, 1/3-mile loop.

For more information, visit www.friendsofthefells.org

Mobile Food Market

2nd Saturday of the month

1:00–2:00 pm

Registration Required

Location: WIC Program, 239 Commercial Street

Please bring a grocery cart or reusable shopping bag to transport food home. Donations will consist of fresh produce, dairy products and other refrigerated food items. Offered FREE of charge. Pre-registration is required, please call (781) 338-7568. A shuttle service is provided from Medford City Hall to the Market starting at 11:30 am.

Local Food Pantries in Medford

Project Bread's Food Source Hotline— 800-645-8333

Unitarian Universalist Church, 147 High Street, Medford (781) 396-4549, Thursdays; 6:00 to 7:30 pm

Saint Francis Food Pantry, 441 Fellsway West, Medford (781) 396-3400, Thursdays; 3:00 to 4:30 pm

Shiloh Baptist Church, Corner of Holton and Bower St, Medford (781) 483-8850; 2nd Tuesday; 6-7 pm; 3rd Saturday; 10-11 am

Bread of Life Food Pantry, 54 Eastern Avenue, Malden (781) 397-0404; Wednesdays; 4:00 to 6:00 pm; Fridays; 2:00 to 4:00 pm

Medford SEPAC (Special Education Parent Advisory Council)

The mission of the SEPAC is to advise the Medford Public Schools on matters that pertain to the education and safety of students with disabilities. If you would like to learn more, please email Melanie McLaughlin at Melanie.mclaughlin@comcast.net.

City of Medford Human Rights Commission—Seeking New Members!

If you are available for monthly meetings, occasional event participation, and want to contribute to the City in a positive way, please contact Diane McLeod, Diversity Director at Medford City Hall at (781) 393-2501 or dmcLeod@medford.org or Marie Cassidy, Commissioner, at (781) 393-2106 or mcassidy@medford.k12.ma.us.

Freebie Foyer at the MFN Family Center

Come check out our FREE gently-used items including books, maternity wear, infant and children's clothing, shoes, and more. TO DONATE, BRING ITEMS TO THE MFN OFFICE. We will check for safety/appropriateness first.

Onetoughjob.org—Online Resource for Real-Live Parents

The Children's Trust has created a parenting website to give parents immediate access to current, reliable and practical information about parenting and child development. For more information, contact Rayna Charles, Parenting Website Manager, at (617) 502-8753 or rayna.charles@state.ma.us

BrainBuildingInProgress.org—Support the healthy development of young children

This initiative was created to raise public awareness of the importance of young children's healthy development to the future economic prosperity of the Commonwealth. The website has been newly updated. Check it out for local as well as regional events.

Medford Public Library—Sam Sedneck, Director, Children's Department (781) 395-7950

For information and programs, visit www.medfordlibrary.org

Cradle to Crayons Community Collection Unit

Temple Shalom is partnering with Cradle to Crayons to collect new and like-new essential children's items. Your donations will help families living in low-income and homeless situations across the state. For more information, visit www.cradlestocrayons.com.



Position available...

Play & Learn Group Leader

We are seeking a Play and Learn Group leader to work with families with children ages birth to 5. The Play and Learn Group Leader will create and implement developmentally appropriate activities that support parents' and other caregivers' relationships. S/he will provide experiences and strategies that optimize children's social, emotional, physical, language and cognitive skills. S/he will build on the personal strengths of the caregivers and model effective parent/child interactions.

For further detailed information, please contact Marie Cassidy, Family Support Coordinator, at (781) 393-2106 or mcassidy@medford.k12.ma.us

The Parent-Child Home Program (PCHP)

PCHP of the Medford Public Schools is a FREE home-based early literacy and school readiness program for parents of children between the ages of 16 months and 4 years. Help your children grow up to BE and DO the BEST THEY CAN. The visits are fun! The books, toys and games we use are yours to keep.

For more information, please contact Donna Foti-Scovell, Coordinator, at 781-393-2122 or email dscovell@medford.k12.ma.us

Help Me Grow Program ~ Ages & Stages

The Screening Questionnaire

This questionnaire allows parents to monitor their child's growth/development - cognitively, physically, emotionally, and socially. Be an active participant in your child's development. Working together, we will be able to provide the most effective learning and resources to ensure your child has every opportunity for optimal growth/development.

Call (781) 393-2106 for more information and/or to make an appointment.

Medford Public Schools

Early Childhood Office

(781) 393-2102

The Early Childhood Office can provide information about quality early education and care and afterschool options.

We are happy to assist!

Parent Leadership Opportunities

Medford Family Network (MFN)

Advisory Board

We are seeking new Board and Committee members who are welcome to join at any time. Committees are...

Marketing Committee

Focus on all communication, including brochures, press, newsletters and social media to ensure that MFN information is available in a variety of formats to all families.

Program Committee

Advise on program development and implementation; assist in the planning and promotion of the Early Education & Care Fair as well as specialized programming such as Parent Café, Peer Review, Financial Literacy and Family Literacy.

Parent Ambassador Committee

Initiate the Parent Ambassador Program with a focus on sustainability: design and organize trainings and ensure that all major city-wide events are attended by MFN Parent Ambassadors.

Board meetings are held on the second Thursday of each month from 6:15 to 8:15 pm at the MFN Family Center (includes dinner, child care and transportation options).

For more information, please contact Marie Cassidy, Family Support Coordinator at (781) 393-2106 or mcassidy@medford.k12.ma.us.



Friends of the Medford Family Network (FMFN)

Board

The FMFN is a nonprofit membership organization that directly supports the MFN by securing donations for programming and family events (e.g., Teddy Bear Picnic, Playgroups in the Park, Family Concerts). The FMFN is currently looking for interested individuals to serve on the Board and help plan upcoming events.

For more information, please contact Suanna Crowley, President, at info@medfordfamilies.org.



Medford Family Resource Coalition (MFRC)

Council

The MFRC Council is an early childhood advisory body. The next meeting is Tuesday, January 12 from 6:00 to 8:00 pm at the MFN Family Center (includes dinner, child care and transportation options).

School Readiness and Early Childhood

Curriculum Committee (SRECCC)

Seeking PreK, Kindergarten, and Grade 1 parents. The next meeting is TBD.

Questions? Please contact Shelley Gross, Early Childhood/Afterschool Director at (781) 393-2211 or sgross@medford.k12.ma.us

What is the Medford Family Network (MFN)?

The Medford Family Network of the Medford Public Schools is a FREE universal (everyone welcome) parenting education and family support program focusing on the positive impact on the developmental process of children prenatal to age 8, and supporting the families that care for them. All adults who live or work in Medford, caring for young children, are welcome! This is accomplished through parenting education workshops; age-specific play and learn groups; new moms groups; home visitation; family events; a lending library; a family resource/drop-in center; information and referral services; family literacy activities; financial literacy information; and individual consultation. There are programs for dads, grandparents, single parents, parents who speak languages other than English; working parents; at-home parents; and more. Programs are held at a variety of sites around the city – weekdays, evenings and weekends. Many activities are co-sponsored with other family-serving agencies. Parent advisory, governing and leadership roles are available and encouraged.

Information & Referral Services

If you have questions or concerns about your child(ren), family, or want to know about community resources, you can always call on the Medford Family Network. Our role is to listen and help you find the information you need. Stop by the MFN Family Center at the Medford High School or call us at (781) 393-2106. We can make appointments to meet with you at the Center, in another location, or just take time to talk on the phone. Please let us know what is important for the healthy growth and development of you and your family. We are here to make a difference.

We are funded in part by:

Department of Early Education and Care Coordinated Family and Community Engagement Grant

Grant priorities are to: reach and meet the needs of children, especially those with multiple risk factors and/or are hard to reach, through universal and targeted outreach strategies; provide families with access to comprehensive services; provide evidence-based early literacy and family literacy opportunities; and provide families with support for continuity through early childhood transitions.

Children's Trust Massachusetts Family Center Grant

The Children's Trust helps parents navigate the joys and challenges of raising children. The grant priorities are based on the five protective factors that are the foundation of the Strengthening Families Approach: parental resilience; social connections; concrete supports in times of need; knowledge of parenting and child development; social and emotional competence of children. MFN incorporates all of these factors into its programming throughout the year in a variety of methods and activities.

A FRIEND TO KNOW...A PLACE TO GROW!



MEDFORD FAMILY NETWORK
MEDFORD HIGH SCHOOL
489 WINTHROP STREET
MEDFORD, MA 02155



Medford Family Network (MFN) is funded by the Massachusetts Department of Early Education and Care (EEC), Coordinated Family and Community Engagement (CFCE) grant, the Children's Trust (CT), the Friends of the Medford Family Network (FMFN) Corp., and the generous donations from our families and friends.